

## **PRESS RELEASE**

**North-Eastern Hill University** will be observing “**International Day of Yoga**” for the third year in the university campus and has planned a series of events from June 17 to 19, 2017 with the main celebration on June 21.

An Essay Competition will be held on June 19 and the finale on June 21<sup>st</sup>, where Yoga Practice Session, Demonstration on Yoga, Lectures by Experts and Poster and Book Exhibitions have been planned to mark the occasion in a grand manner. These programmes will be held at the Multi-use Convention Hall from 9:30 AM onwards.

Prizes will be given to best three participants.

All staff, faculty and students are cordially invited to participate in the camp.