## NORTH EASTERN HILL UNIVERSITY, PERMANENT CAMPUS, SHILLONG-22.

No. 1-109/Admn/Yoga Day/2015-

Dated Shillong the 1st May, 2018.

## CIRCULAR.

Based on the instructions of the Government of India to organize a programme to mark the 50<sup>th</sup> day before the main event i.e, observance of the International Day of Yoga on 21<sup>st</sup> June, 2018, which falls on 2<sup>nd</sup> May, 2018, the University has arrange the following programme to mark the occasion:

Date : 2.5.2018 : Time from 7 AM to 8 AM : Venue from which the Yogathon will start - Community Hall.

The programe is open to all. The participants will gather at Community Hall premises from where the Yogathon will be flagged off.

- 1. The route for the yogathon will be from Community Hall and proceed along the main road towards Gate No. 3 then to Gate No 1 and follow the main road via New Guest House junction, and proceed towards the Community Hall.
- 2. The Participants will be provided water and banana after the event.

Date 2.5.2018: Time from 3 PM to 4.30 PM: Venue – Conference Hall, V.C's Block, Administration building. – Event: Special Lecture on Yoga:

- 1. The participants are requested to assemble in the above Conference Room atleast 10 minutes before the scheduled times.
- 2. There will be two Lectures by renown Resource Persons.
- 3. Tea and snacks will be provided.
- 4. Programme for the event:
- a) Welcome Address & presentation of gift to the Resource persons- Hon'ble Vice Chancellor.
- b) Dr. Bela Keshan will anchor the entire programme.
- c) . Lecture by the Resource persons.
- d). Vote of thank -Convener of the Committee.
- e). Light refreshment.

All are requested to attend the programmes.

Consultant (Admn)

## Copy to:

- 1. PS to Vice Chancellor, NEHU, Shillong for kind information of the Vice Chancellor.
- 2. PS to Pro Vice Chancellor, NEHU, Shillong for kind information of the Pro Vice Chancellor.
- 3. PS to Registrar, NEHU, Shillong for kind information of the Registrar.
- 4. PS to Finance Officer, NEHU, Shillong, for kind information of the Finance Officer.
- 5. All Head of Departments/Centres with a request to kindly bring the content of the circular to all concerned under their jurisdiction.
- 6. All Officers with a request to bring the contents of the circular to all staff under their control.
- 7. Convener, Campus Welfare Committee with a request to bring the circular to the notice of the residents of the Campus.
- 8. The Dean, Students Welfare for information and to kindly instruct the students to participate.
- 9. All Wardens, NEHU Shillong with a request to instruct the students to participate in the above programme.
- 10. Shri W.Thongni, Computer Operator, Bio-informatic Centre, NEHU to kindly upload the circular in the University Website.