

3. Skills of knowing and living with others.
4. Life skills for making effective decisions as a teacher
5. Application of Life Skills in the Teaching Process
6. Life Skills as a tool for making good administrators

Duration:

The workshop on Life Skills Education for Teachers programme shall be of two days duration (19th-20th August 2019)

Venue:

The workshop shall be held in Abhigyan Academy, near Jorhat College, Na-ali, Jorhat, Assam.

Registration:

participants have to register before the start of the workshop in appropriate format. There is no registration fee from the participants.

For Queries:

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LET'S MAKE
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REWARDING



National Workshop on Life Skills Education for Teacher Educators

(Under PMMMNMTT Scheme)

Organised by

Centre for Professional
Development of Teacher Educators
School of Education
North Eastern Hill University, Shillong

In Collaboration With

Abhigyan Academy, Jorhat, Assam



Dated: 19-20th August 2019

(Sponsored by: Ministry of HRD,
Govt. of India)

Mission:

To develop teacher education in a holistic integrated manner within the education system to address teacher development for all levels of education ranging from elementary to higher education. Further the center intends to develop effective and efficient teachers who are responsive to the needs of the learners in both local and global contexts, in the competitive educational system and the diversified knowledge requirements of the contemporary society.

Objectives of the Center:

1. To conduct various academic programmes to meet the teaching requirements of elementary, secondary and higher education.
2. To conduct research in curriculum development, pedagogy, special education, language teaching.
3. To develop as model institutions for teacher education with state of art facilities and human resource expertise.
4. To ensure integrated and inter-sectoral linkages across all levels of the hierarchy of teacher education.
5. To promote organizational strategies for faculty development so as to incentivise teachers to grow professionally and enable the institutions to grow.

Life Skills Education for Teachers:

Life skills education is a structured programme of needs- and outcomes-based on participatory learning that aims to increase positive and adaptive behaviour by assisting individuals to develop and practise psycho-social skills that minimize risk factors and maximize protective factors. Life skills education programmes are theory- and evidenced-based, learner-focused, delivered by competent facilitators, and appropriately evaluated to ensure continuous improvement of results.

Life skills for teachers:

1. Study skills: Study skills is all about reading and managing information that were all overloaded with information so there is a need to know how to do that, how to read things, how to fit in the best kind of learning. For example., to try and read a new article about the subject area or a different subject area just to keep the brain alive, sharp and ticking over it is all part of study skills. Therefore there is a need to read more and learn more and continually updating the skills this is part of lifelong learning and part of study skills.
2. Creativity skills:
 - ⊙ Being adaptable to change.
 - ⊙ Being creative and try out new things.
 - ⊙ Understanding why have changes been made.
 - ⊙ Reacting to criticism.
 - ⊙ Adapting to technology.

- ⊙ Responding to learners.
 - ⊙ Continuing to change leads to improvement.
 - ⊙ Re-open to new ideas.
 - ⊙ Learn from failure.
 - ⊙ Stretching out from comfort zone.
 - ⊙ Be more spontaneous.
3. Self Awareness skills: Self awareness is the cornerstone for all life skills. There are three areas that are linked to self-awareness.
 - ⊙ Teaching styles.
 - ⊙ Classes that do/ do not go well.
 - ⊙ Boost confidence in teaching.
 4. Getting Organised:
 - a) Understanding how you work.
 - b) Organising the time
 - ⊙ Planning
 - ⊙ Intention
 - ⊙ Productivity
 - c) Organising the class
 - ⊙ Create class routines.
 - ⊙ Build positive relationships.
 - ⊙ Observe more, micromanage less.
 - ⊙ Take responsibility.
 - d) Organising the workload
 - e) Focus your locus of control.

Themes:

1. Introduction to the concepts of Life Skills and Life Skills Education.
2. Skills of knowing and living with oneself.