

## Celebration of National Science Day at NEHU, Shillong

The National Science Day 2022 was celebrated at the School of Life Sciences in North-Eastern Hill University, Shillong on 28<sup>th</sup> February 2022. The programme was organised under the aegis of “Azadi ki Amrit Mahotsav” with the theme “Integrated Approach to S & T for Sustainable Future”. Besides, the faculty, research scholars and students of the school of Life sciences, students of class IX and X of Kendriya Vidhyalay NEHU, Loreto Convent, Sacred Heart Higher Secondary School and Gorkha Pathshala Higher Secondary School, Shillong participated in the celebrations. The highlight of the programme was a popular talk on “Good habits for healthy aging” delivered by Dr. Ramesh Sharma, Professor (Rtd), Department of Biochemistry, NEHU, Shillong. The programme also had a Quiz competition organised for the participating students and a Poster Competition for research scholars of Life Sciences on their respective research work.



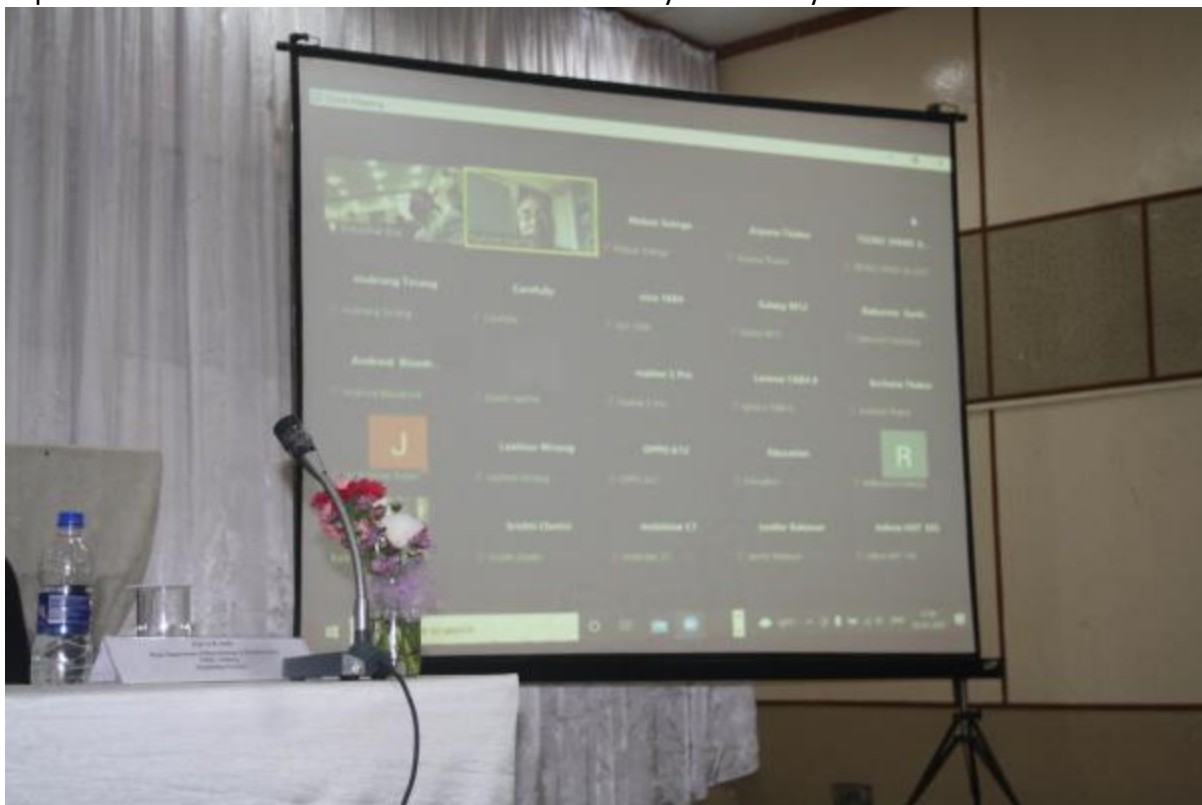
The programme started with the Inaugural Function which was graced by the officiating Vice-Chancellor of NEHU, Prof. T.B. Subba. The welcome address was delivered by Prof. H. Kayang, Head, Department of Botany. Prof. S.R. Joshi, the chairman of the organizing Committee briefed about the programme and highlighted the significance of the National Science Day. He apprised the participants about The National Academy of Sciences, India(NASI) and the activities carried out by the Academy related to Science and Society. He narrated the efforts made by NEHU in bringing the benefits of science closer to society through its outreach activities.



Prof. N. K. Chrungoo, Dean, School of Life Sciences, spoke on the relevance of the National Science Day and the theme of National Science Day 2022. He emphasised on the merits of Sustainability as the major focus of science while developing technology in the modern days. He stressed that dedication and confidence along with being observant are the keys to doing good science. He narrated the life of Sir CV Raman and how he achieved his goal of reaching the pinnacle by being focused about his work and clear about his concepts related to the scientific domain.



The faculty of School of Life Sciences, NEHU felicitated Prof. RNK Hooroo, a faculty of Zoology Department, NEHU and member of the NASI NER Chapter, who superannuated from active service in the University on the day.



Dr. J.N. Nayak, Registrar, NEHU, the Guest of Honour in the Inaugural programme emphasised on the fact that young minds need to come-forth with an aim to contribute to science. Giving the example of transformation in communications from pigeon based communication to internet based system, he cited the consequences of advances and current transformations in technology.

Prof. T.B. Subba, the officiating VC and the Chief Guest talked about Science and the Post-Modernist's View on Science. He mentioned that we need to critically analyse the contributions of science and assess how it can be used for human benefit and not for our own annihilation. Prof. AK Singh, Head, Department of Biochemistry, NEHU proposed the vote of thanks in the inaugural programme.

A popular talk entitled "Good habits for healthy aging" was delivered by Prof. R. Sharma which invited active participation of the school students in particular. He presented the good habits and good food concept for healthy living and healthy aging, citing examples of certain tribes and groups from across the globe who are known to live more than the average life span.



A Quiz competition was organised for the participating school students on current affairs and general science topics. The winners in order of the ranks were from Loreto Convent, KV NEHU and Gorkha Pathshala Higher Secondary School, Shillong. The Poster Competition organised for Life Science scholars had Mr. Casterland Marbaniang, Ms. Sunita Upadhyay and Ms. Roselin Neihzial as the winners while Mr. Jonata Sangma and Mr. Shashi Kumar Yadav were given the consolation prizes. The winners were presented with prizes and certificates in the closing function.



Dr. Neha Chaurasia closed the function by acknowledging the support and help received from teaching, non-teaching staff of NEHU and the schools through their active participation.

