

SEPTEMBER ISSUE RISE UP & BUILD ISSUE-1 VOL-IX

SNCI International Conference On Neuroscience And Neurological Disorders Inaugurated In Nehu



Date: 14th September, 2023: The Department of Biomedical Engineering, North Eastern Hill University, Shillong is organizing an International Conference on Neuroscience and Neurological Disorders" under the aegis of the 37th Annual Meeting of the Society of Neurochemistry India (SNCI) from 14th to 16th September 2023.

The International Conference was inaugurated by Prof. P.S. Shukla, Vice Chancellor, NEHU, Shillong and Chief Guest, Dr. Geeta Jotwani, Deputy Director General and Scientist G, ICMR as Guest of Honor, Prof. M.K. Thakur, Hon. President, SNCI, Prof. Prakash Babu, Secretary General (HQs), SNCI, Prof. Iftekhar Hussain, Dean, SoT, NEHU, Dr. Dinesh Bhatia and Mr. Shyamal Mandal, Organizing Secretary and Joint Organizing Secretary respectively of the

37th Annual Meeting of SNCI along with other faculty members and staff of the University.

Prof. Geeta Jotwani emphasized the need to organize such events regularly and how they could help young budding professionals to keep them abreast about different government schemes and allow for an interface between policymakers and scientists in defining and shaping the progress and future of the country on the path of development keeping abreast with latest technological developments.

Mr. Mandal in his vote of thanks address profusely thanked all those involved in the smooth organization of the event and he wished that participants would have a pleasant stay on the campus and interact with people of the region to understand the culture and traditions of the North-East region.

Debate Competition on Yoga held in the Meghalaya Hall, K.V. NEHU, Shillong



Date: 2nd September, 2023: The North-Eastern Hill University Yoga Committee Shillong, Meghalaya organized a 'Debate Competition on Yoga' for the students of the Kendriya Vidyalaya, NEHU, Shillong on the 2nd September 2023 in the Meghalaya Hall, K.V. NEHU, Shillong. The students were divided into three categories class I to Class V- Category I, class VI to Class VIII- Category

to Class V- Category I, class VI to Class VIII- Category II, and Class IX to Class XII- Category II. All together 30 numbers of participants took part in the competition.

Mrs. Rashmi Saxena, PGT (English), KV, NEHU Shri Amod Anand, TGT (P&HE), KV, NEHU and Shri Hansraj Vasist, PRT, KV, NEHU act as Jury Members. Shri Ajay Pratap Singh, PRT, KV, NEHU acted as Speaker for the event. Around 300 KV, NEHU students were present and witnessed the debate competition.

The Competition ended with a presentation ceremony, where Shri N. Das, Convener, NEHU Yoga Committee, and Shri Sunil Kumar, Principal In-charge, Kendriya Vidyalaya, NEHU were present. The winners of the competition were awarded with mementos. Every winner & participant was awarded with participation certificate. Light refreshments were arranged for every participant and teacher.



Department Of Law Invites Shri Jopmiki Shylla For A Guest Lecture

Date: 8th September, 2023: The Department of Law, NEHU, Shillong organized a guest lecture cum interaction on 8th September, 2023 at 2.30 p.m. in the Department. The guest speaker was Shri Jopmiki Shylla who is also an alumnus of the Department having passed the law degree with a gold medal in 2012. Mr. Shylla mainly specializes in criminal matters and district council court matters. He, therefore, spoke on how to conduct a criminal trial and made students aware of the intricacies of the law in such cases. Thereafter, he also answered the queries of the students on various aspects of the law.

Observance Of World Tourism Day By Nehu Yuva Tourism Club



Date: 27th September, 2023:

World Tourism Day is observed worldwide on the 27th of September every year. The NEHU Yuva Tourism Club in collaboration with the Department of Tourism and Hotel Management, North-Eastern Hill University, and India Tourism, Shillong, has organized a series of events such as Photography, Best Out of the Waste Exhibition cum Competition, Green Tourism Walk, Indigenous Food Court, and Tourism Quiz, to reveal World Tourism Day on September 27, 2023. All the competitions revolved around the theme of World Tourism Day 2023, i.e. 'Tourism and Green Investments'. The celebration started by organizing a Green Tourism Walk inside the campus to sensitize the NEHU community about the importance of Tourism, the environment, and sustainability. The formal inaugural session of the event was graced by Prof. D.K. Nayak, Vice-Chancellor (Incharge), Prof. A.P. Pati (Dean SEMIS), Prof. Saurabh Kumar Dixit, Chairman, NEHU Yuva Tourism Club, Dr. Benjamin F. Lyngdoh, and Dr. Sharad Kumar Kulshrestha from Department of Tourism & Hotel Management. The inaugural programme commenced with

a welcome address from the Chairman, of NEHU Yuva Tourism Club. The event was also attended by Faculty representatives of NEHU Yuva Tourism Club namely Prof. S. K. De, Prof. Rekha M. Shangpliang, Dr. Saralin Lyngdoh, Dr. Barika Khyriem, and Dr. J. Thabah.

The student representatives from departments of the university also took part in different events. Resource Persons highlighted the significance of preserving the environment with sustainable practices. Also, they stressed the adverse impact on our mother earth due to global warming and climate change. In line with this year's theme- 'Tourism and Green Investments', they deliberate on the need to focus attention on every human aspect towards promoting and preserving green aspects of the environment. Furthermore, they also emphasized to consideration of the environment as the main stakeholder in all human endeavors. The program ended with a vote of thanks from Dr. Sharad Kumar Kulshrestha, convenor, of NEHU, Yuva Tourism Club.



The Tourism Quiz, Photography, and Best Out of the Waste Competitions were followed after the inaugural session, where there was active participation from students belonging to different departments. The team of the Department of Sociology (Ms. Anindita Das and Lhungjamang Baite) and the Department of Zoology (Mr. Abhinab Sarma and Mr. Aiboklang Nongrum) were declared winner and runner-up in the Tourism Quiz Competition. Ester S. Kayina (Department of History) and Ms. Gennesaret A. B. Kharkongor (Department of Law) were declared winners and runners-up in the Best Out of the Waste Competition. Mr. H. Arundeep Singha (Department of Environment Studies) and Ms. Gennesaret A. B. Kharkongor (Department of Law) were declared winners and runners-up in the Photography Competition. Ms. Ningombam Babina Devi from the Department of Tourism & Hotel Management was awarded as Best Placard Maker for the Green Tourism Walk. The Indigenous Food Court presented the authentic delicacies of North–Eastern India, prepared by students of different Departments of NEHU especially the Department of Sociology, Linguistics, Library and Information Sciences, Tourism, and Hotel Management, etc. The NEHU Yuva Tourism Club, therefore, instigates to gear up institutions, organizations, the government, the local community, and other stakeholders to come closer to ensure inclusive growth through tourism. The programs culminate and intrigue participants about the crucial aspects of preserving the environment for a better tomorrow.

Moot Court Orientation Organized By The Moot Court Society Of The Department Of Law, Nehu, Shillong

Date: 29th September, 2023: On 29th September 2023, a Moot Court Orientation for the first semester students of the B.A.LL.B (Hons) Programme was conducted by the Moot Court Society, Department of Law, NEHU Shillong. The theme for the same was "Essentials of Moot Court - From Preparation To Presentation". The Orienteers were Mr. Marge Lombi (Alumnus of this University) & Mr. Iaraplang Kharbyngar (currently pursuing an LL.M in this University).



At the onset of the orientation, Mr. Kharbyngar delivered a preliminary lecture on the subject matter i.e. "Moot Court". His lecture pertained to the origin, essence, and values of Moot Court. Furthermore, he summarily drew an analysis of Moot Court vis-a-vis Actual Court. Thereafter, Mr. Lombi explained the following aspects, namely, legalese vis-a-vis- ordinary natural language, the art of drafting, analysis of moot court memorial vis-a-vis actual court petition, drafting a decent moot court memorial, and counsel them on acting in the best interest of the aggrieved client.

Nehu Inter College Athletics (Men & Women) Championship 2023



Date: 26th September, 2023: The Sports Department of the North-Eastern Hill University organized the NEHU Inter College Athletics (Men & Women) Championship from 26th to 27th September 2023. Together 18 colleges took part in the championship in both men's & women's sections comprising more than 160 participants including the teacher-in-charge, Coaches, and managers.

The championship began with an opening ceremony on the 26th of September 2023 at the SAI (STC), NEHU Permanent Campus, Shillong where Shri. N. Das, Asst. Director (PE & Sports), NEHU was present during the ceremony.

Overall championship in both men's & women's categories was clinched by the Sngap Syiem College, Mawkyrwat whereas Shillong College clinched runner-up in both men's & women's categories

The championship ended with a closing ceremony where Prof. L. Kma, Director of Charge, Sports, NEHU graced the occasion as Chief Guest. Shri N. Das, Asst. Director (PE & Sports), NEHU, and Mrs. A. R. Synnah were present among others.

Department Of Tourism And Hotel Management, Nehu, Shillong Celebrates World Tourism Day, 2023



Date: 26th September, 2023: On 26th September 2023, the department celebrated World Tourism Day, 2023 by organizing a special talk on the theme 'tourism and green investment'. The talk was delivered by Environmentalist and Columnist Dr. H.H. Mohrmen.

Dr. Mohrmen while presenting his concept of sustainable green investment delved on the need for involvement of the grassroots stakeholders. He argued that green investment to date is largely understood only in the context of 'afforestation' and that the best practices in the management of natural resources being taught currently have already been practiced by the indigenous/local communities since time immemorial.

While commenting on the Meghalaya Tourism Policy, 2023,



he underlined the holistic nature of the policy but raised challenges in its implementation, particularly in the context of sustainable tourism practices.

The special talk was graced by the first and third-semester students of the department including research scholars and faculty and staff.

NEHU Students Shine at G20 University Connect Finale in Bharat Mandapam, New Delhi



Date: 26th September, 2023:

The Research and Information System for Developing Countries (RIS), New Delhi, hosted the grand G20 University Connect Finale at the prestigious Bharat Mandapam on September 26, 2023. This remarkable event saw the convergence of over 3000 students, Vice-Chancellors, and educators from across India. Among the distinguished attendees were four bright students from North-Eastern Hill University (NEHU), representing the state of Meghalaya, who was accompanied by Dr. Davidson Pyngrope, Assistant Professor in the Department of Nanotechnology and Public Relations Officer of NEHU.

The G20 University Connect Finale was an initiative aimed at bridging the gap between academia and the world of international diplomacy. The event centered on empowering the youth, who are poised to lead India's journey from a developing nation to a developed one. The highlight of the event was a compelling lecture by the Honorable Prime Minister of India, Narendra Modi, who encouraged the young minds present to channel their energies towards the greater good of the nation.

Representing NEHU at this prestigious platform were four outstanding students: Rimiki Shylla, Arwotki Rymbai, Bankhein Rongrin, and Prastuti Konwar. Their selection among 3,000 students to share the

stage with the Prime Minister was a testament to their exceptional qualities and dedication to their studies.

One of the NEHU students, Rimiki Shylla, who had the privilege of addressing the audience alongside the Prime Minister, expressed her gratitude, saying, "I am ever thankful to RIS and the Government of India for giving us this opportunity to attend this program, which opened our eyes to work towards nation-building. We only knew about G20 through news and videos, however, we got to know what G20 is all about only after attending this program. I urge my fellow students to be more responsible and work towards building a better society, state, and country."

Arwotki Rymbai, another NEHU student, shared his awe-inspiring experience, "I had never been out of the state, and now I got the opportunity to not only visit the national capital but also to listen to all the inspiring lectures, especially the speech from our Hon'ble Prime Minister, which has motivated many students, not just those who were there in person but also those who were watching online."

The event also featured a stimulating Panel Discussion chaired by Prof. Sachin Chaturvedi, Director-General of RIS for Developing Countries, providing invaluable insights into global issues and sustainable development goals.

Nehu Inter College Basketball (Men & Women) Tournament 2023

Date: 19th September, 2023: The Sports Department of the North-Eastern Hill University is organizing the NEHU Inter College Basketball (Men & Women) Tournament from 19th to 23rd September 2023. Together 33 colleges took part in the tournament in both men's & women's sections comprising more than 480 participants including the Teacher Charge, Coaches, and managers.

The Tournament began with an opening ceremony on the 19th of September 2023 at the NEHU Permanent Campus, Shillong where Prof. L. Kma, Director of Charge of Sports graced the occasion as Chief Guest. Shri. N. Das, Asst. Director (PE & Sports), NEHU, and Convener of the tournament Mrs. A. R. Synnah, Basketball Coach was also present during the ceremony.

The final matches of the tournament were played on the 23rd of September 2023. In the women, section St. Anthony's College defeated Shillong College by 38-11, and in the men's section, Shillong College defeated St. Anthony's College by 88-83.



Photo of the Women's Team of NEHU Inter College Basketball Tournament 2023- Shillong College



Photo of the Men Winning Team of NEHU Inter College Basketball Tournament 2023- St. Anthony's College

The tournament ended with a closing ceremony where Dr. C. Mukhim, Charge & Chief Medical Office, Health Centre, NEHU graced the occasion as Chief Guest. Prof. L. Kma, Director In-charge, Sports, NEHU, Shri N. Das, Asst. Director (PE & Sports), NEHU, and Mrs. A. R. Synnah, Convener of the tournament were present among others.

Nehu Yogathon Run



Date: 30th September, 2023: The Yoga Committee of the North-Eastern Hill University, Shillong, Meghalaya organized a Yogathon Run for students, teaching and non-teaching staff of the University on the 30th of September at the NEHU Permanent Campus, Shillong.

Together 70 numbers of participants took part in the event including teachers, non-teaching staff, and students of University to the University in different age categories. The run started at 7.00 a.m. in front of the Cluster of Class Rooms (Non-Science), NEHU, Shillong, and concluded at around 7.45 a.m.

The event ended with a closing ceremony where Prof. D. K. Choubey, Chairman, of the NEHU Yoga Committee, Prof. B. Panda, Finance Officer I/C, NEHU, Prof. K. C. Kabra, Member, of NEGU Yoga Committee, Dr. F. R. Sumer, Librarian, NEHU, Dr. MBG Momin, Chief Medical Officer, NEHU, Shri N. Das, Asst. Director (PE & Sports) cum Convener, NEHU Yoga Committee was present and gave away the prizes to the winners.

The program ended with a vote of thanks by the Asst. Director of (PE & Sports) cum Convener of the University Level Yoga Committee Shri N. Das. Every participant was served with light refresh-

Every participant was served with light refreshments.



SNCI Workshop On Advanced Techniques In Healthcare Inaugurated In Nehu

Date: 8th September, 2023:

The Department of Biomedical Engineering, North Eastern Hill University, Shillong is organizing a week-long Workshop on "Advanced Techniques in Healthcare" under the aegis of the 37th Annual Meeting of the Society of Neurochemistry India (SNCI) from 8th to 13th September 2023. The workshop was inaugurated by Prof.

Animesh Mishra, Registrar I/c, NEIGRIHMS, Shillong, Prof. B. Panda, Honorary Director, NERC-ICSSR, NEHU, Prof. D. Kandar, Dean I/c, SoT, NEHU, Dr. Sudip Paul Teacher Incharge, BME, Dr. Dinesh Bhatia and Mr. Shyamal Mandal, Organizing Secretary, and Joint Organizing Secretary respectively of the 37th Annual Meeting of SNCI along with other faculty members and staff of the University.



In his opening remarks, Dr. Bhatia enlightened the participants about the objectives of the Workshop and how it would be beneficial for the participants with emerging new technologies that are impacting all sectors, especially the healthcare arena. He profusely thanked all those involved in organizing the event including the press and media for giving widespread coverage to the event. He informed that the Workshop would be

followed by an International Conference from 14th to 16th September 2023 wherein more than 100 scientists, academicians, experts, and delegates from India and abroad would attend the 37th Annual meeting at NEHU, Shillong

Mr. Mandal in his vote of thanks address profusely thanked all those involved in the smooth organization of the event and he wished that participants would have a pleasant stay on the campus and interact with people of the region to understand the culture and traditions of the North-East region.

Awareness Programme Organized by the Department of Biochemistry on "Tobacco Free Educational Institution"



Date: September, 2023: Department of Biochemistry, North Eastern Hill University, Shillong organized an awareness program on Tobacco Free Educational Institutions. It was informed that North Eastern Hill University has been declared a Tobacco Free Educational Institution. The program highlighted the provisions and mandates of the Tobacco Free Educational Institution as per guidelines received from the Ministry of Health and Family Welfare, Government of India. That smoking and chewing any kind of tobacco product is strictly prohibited inside the university campus was emphasized.

Further, the prohibition of the sale of tobacco products within 100 yards distance from the university campus and any violation of the above prohibitory orders are punishable under sections 4 and 6b of Cigarettes and Other Tobacco Products (Prohibition of Advertisement and Regulation of Trade and Commerce, Production, Supply, and Distribution) Act, 2003 with a possible liability of fine of Rs 200/- were informed. The provisions and mandates were highlighted by Dr. Arvind Kumar and the event was witnessed by M. Sc. IIIrd semester students. Mr. Deisar Langdoh and Ms. Kanidahunika Dharwere appointed as class monitors among the students to report the cases to the Head of, the Department of Biochemistry, NEHU. The event ended with a vote of thanks to all the attendees.

Refresher Course Organised By Department Of Biochemistry, NEHU



Date: 13th September, 2023: A Refresher Course was organized by the Department of Biochemistry entitled 'Refresher Course in Biochemistry (Multidiscipline)' from 13 September 2023 to 27 September 2023 in hybrid mode. A total of twenty-eight participants attended the course of which 01 attended offline and 27 attended online. The participants spanned across India from north-eastern states as well as from Maharashtra, West Bengal, Goa, Karnataka, Andhra Pradesh, Delhi, Odisha, Chandigarh, Haryana, Tamil Nadu, Kerala and Bihar. There were a total of 44 different lectures by eminent scientists from all the fields of life sciences, also covering applied fields such as bioremediation, enzyme applications, etc. Three lectures were dedicated to NEP and Anti-Ragging. All participants delivered talks during the seminar hours as well as took part in the compulsory test conducted on the lectures delivered.

There was an inaugural program on the first day of the Refresher Course with Prof. N. Saha, Dean, School of Life-Sciences as the Chief Guest who spoke on the importance of these Refresher courses as well as highlighted the latest developments in the fast-moving field of life-sciences. Prof. S. R. Joshi, Head, Department of Biotechnology & Bioinformatics and Registrar in-change, NEHU was the chief guest in the closing ceremony who

distributed the completion certificates in his address spoke on NEP and the importance of educating students on how to conduct research during the 4th-semester project paper among many other academically relevant issues. The Department of Biochemistry thanks Dr. S. Bhan, Associate Professor for having successfully conducted the Refresher Course.

International Literacy Day Organized By The School Of Education, Nehu, Shillong



Date: 8th September, 2023: On the eve of International Literacy Day, the 8th of September, 2023, the School of Education, NEHU, Shillong organized an "Awareness Programme" on the importance of Education for the Community people in the Society on 8th September, 2023 at 9:00 A. M in the Community Hall, Mawkynroh-Umshing, Shillong.

The Programme was convened by Prof. E. Jyrwa, Dean School of Education, NEHU, Shillong to observe the events. At this function, a welcome address was given by Ms. Ibandari Warjri, a Research Scholar at the Department of Adult and Continuing Education, NEHU, Shillong. The Dean, SOE, felicitate Smti. Andromeda Myrthong, Principal, Grace Academy, Mawlai Mawkynroh-Umshing who graced the occasion as Chief Guest and addressed the importance of Education to the participants at this function followed by a special song given by students of Grace Academy Mawkynroh. Mr. Longshai Nongkhlaw, the Headman of Mawkynroh-Umshing in his address he talks about the importance of literacy and the role of UNESCO in initiating the process of observance of International Literacy Day every year.

The Resource Persons at this function were Prof. A. N. Passah, Department of History, and Prof. Lakhon Kma, Department of Bio-Chemistry, NEHU, Shillong. Prof. Amena N. Passah in her speech delivered a talk on the "Role of Women in Education and Society" and Prof. Lakhon Kma delivered a talk on the "Importance of Education in the 21st Century in the Democratic Society". After their speech discussions followed with questions from the participants and answers given by the speakers. The participants in this program are the Community people, Women's Organizations, Youth Organizations, students of the School Grace Academy and St. Luke

School, Mawkynroh, Members of the Dorbar Shnong, and others from the Mawkynroh locality. The vote of thanks was proposed by Ms. Jane Leeta Lyngdoh, Research Scholar, Department of Adult of Continuing Education, NEHU, Shillong. The program ended at noon with the National Anthem.

A Glimpse of Meghalaya: "The Living Root Bridge"



A living root bridge is a special type of suspension bridge made from living plant roots that is crafted manually. In the northeastern part of the Indian state of Meghalaya, these bridges are common. They are handcrafted by the skilled Khasi and Jaintia people who live in the high regions around the southern Shillong Plateau. They use aerial roots from rubber fig trees ranging between 50 and 1,150 meters (160 and 3,770 feet) above sea level, subtropical moist broadleaf forests.

Nongriat, in Meghalaya's East Khasi Hills district, is famous for its living root bridges, particularly the magnificent double-decker suspension bridge known as Jingkieng Nongriat. This community is home to three functional root bridges that were meticulously built by intertwining and weaving the aerial roots of banyan trees on opposing sides of stream-filled gorges—an ancient tradition practiced by the Khasi people in the Khasi Hills for decades.

The longest living root bridge in the state is 175 feet long. Meghalaya has over 100 known surviving root bridges distributed throughout various villages, with some of the most well-known ones located in Nongriat, Cherrapunji, Nongbareh, and surrounding places.

Rangthylliang 1 root bridge is a noteworthy living root bridge in Meghalaya, northeastern India, and is the longest among them, measuring more than 50 meters (160 feet) in length.

NEHU Panorama Wishes NEHU Employees On Their Retirement

NEHU Panorama wishes the following employees on their retirement and wishes them a healthy and prosperous life ahead.

- 1. Prof. Vanlalruata Rengsi, Department of History.
- 2. Shri Shivendra Kumar Kashyap, Senior Technical Assistant, Health Centre.
- 3. Shri Geoffer Lak Rajee, Junior Library Assistant, NEHU Central Library.
- 4. Smti Rosesanara Kharumnuid, UDC, Finance Section.
- 5. Shri Ailadson Dkhar, UDC, Administration-I
- 6. Shri Wilfred Rina Lyngdoh, UDC, Department of Botany.

EDITORIAL TEAM

Teachers

Non-Teaching Staff

Students

Dr. Barath N Dr. Kamaljit Chirom Dr. Karen L Donoghue

Ms. Lanosha Suchiang

Emidao Shylla Esalanmi Myrten Deborah Chawngrokim