



पूवोत्तर षर्वतीय विश्वविद्यालय
पू० प० विवि० परिसर, शिलांग-७९३०२२ (मेघालय)
North-Eastern Hill University
NEHU Campus, Shillong - 793 022 (Meghalaya)

Phone :
Grams : NEHU

No. 28-6/Acad/AC/2019/ 646

Dated 3rd June, 2021.

AN APPEAL

In view of continuous rise in Covid-19 positive cases in the State of Meghalaya, the University community / fraternity are requested to adhere to the COVID Appropriate Behaviour / Health Advisory issued by the Government of India / Meghalaya from time to time (i.e. wearing a mask in a proper manner and maintaining social / physical distancing etc.) to contain the spread of Covid-19 virus.

The Health Advisory in this regard issued by the Principal Secretary, Health & Family Welfare Department, Govt. of Meghalaya vide No. Health. 21/2020/Pt VII/115 dated 2nd June, 2021 is enclosed herewith for kind reference.


3/6/21
Registrar

Copy to :

1. Sr. P.S. to V.C., NEHU, Shillong for kind information of Vice-Chancellor.
2. P.S. to Pro V.C., NEHU, Shilling / Tura, for kind information of Pro-Vice Chancellor.
3. P.S. to Registrar/F.O./C.O.E./ Librarian, NEHU, Shillong, for kind information.
4. All the Deans of Schools / DSW, NEHU, Shillong, for kind information.
5. All the Heads of the Academic Departments / Centre, NEHU, Shillong, for kind information.
6. All Officers, NEHU, Shillong.
7. Incharge, NEHU website, for uploading the Appeal along with Health Advisory in NEHU website.

No. Health. 21/2020/Pt VII/ 115

Dated Shillong, the 2nd June, 2021.

HEALTH ADVISORY

As per the report on the Genome sequencing of the samples of COVID-19 positive cases in the State of Meghalaya, it is revealed that the majority of the samples detected are those of the mutated strains which are listed by the WHO as the "Variants of Concern" and some of them are Variants of Interest. The Variants of Concern are the strains which are highly transmissible and can spread rapidly across the community, overwhelm the health infrastructure and cause increase in absolute death numbers.

It may be noted that the Government had already issued instructions vide letter no. Health.140/2020/4 Dated Shillong, the 2nd June, 2020 stating that the population shall be treated as Category 'A' patients, implying that all the residents of the State, must consider themselves Asymptomatic cases and take due precautions as mentioned therein. Considering the new findings, it is hereby declared that henceforth all are to be considered Asymptomatic persons carrying these Variants of Concern (VoCs) and can involuntarily spread the infection.

The only way forward is to have a collective approach where every individual is responsible for his/her safety through strict adherence to the COVID Appropriate Behavior as frequently advised by the Government and Public Health Experts. Strict adherence to the health protocol (wearing a mask in a proper manner and maintaining social distancing) is of utmost importance at this juncture whether in workplaces or even at home settings. Everyone is advised to always maintain COVID Appropriate Behavior to contain the spread at the earliest by following 'participatory COVID elimination plans' whereby for every known COVID positive case, the others around will maintain absolute abstinence from all social activities of intermingling in the neighborhood/compound/house, family dining etc. and adhere to strict observance of social distancing and double masking for a period of a minimum of 7-10 days to kill the virus and break the chain of transmission.

The protocol of tracing-testing-tracking should continue with more rigor and ensure that the symptomatic cases are tested, isolated and treated with early treatment protocols. The Health advisory issued vide letter no. Health.21/2020/Pt.VIII/95 Dated Shillong, the 27th May, 2021 is to be followed closely, to be mindful of the onset of the early warning signs in the patients around the 8th day onwards after the onset of the first symptoms as mentioned therein. Seeking prompt medical help in this regard will help reduce the case fatality.

The community must understand that at present the vaccine is the only effective means to

combat the destructive spread of the virus. The vaccination has been proven to prevent severe disease even though few breakthrough cases are seen in the State. Therefore it is felt that concerted efforts should be made by all concerned to remove psychological barriers of vaccine hesitancy.

Sd/-
(Sampath Kumar, IAS)
Principal Secretary,
Health & Family Welfare Department.